

# A simple guide to intentional, meaningful, spiritual conversations.

- 1. Connect with each other.
- 2. Connect with God in His Word.
- 3. Connect in prayer.

## What does a 3G Faith Meeting Look Like?

- Meet in-person for 30 minutes to an hour.
  (Meet as a group of three if you want!)
- Meet over a meal or coffee if possible.
- Start with ONE meeting. If you enjoy it, meet again!

These resources are also online: <u>3gFaith.org</u>

# Meeting Suggestions

## Meeting #1

- 1. Use 10 Questions to get to know each other.
- 2. Do a One Thing Study together if you have time.
- 3. Choose a Bible App Plan to do together during the coming days. (If for some reason you'd prefer not to do a Bible App Plan together, an alternative could be to do One Thing Studies on your own throughout the week and text each other your One Thing.)

## Meeting #2

- 1. Use <u>5 Questions</u> to reconnect.
- 2. Do a One Thing Study together.
- 3. Choose a <u>Bible App Plan</u> to do again together during the coming days (if you've already finished your other one.) (Or continue sharing One Things throughout the week.)

#### Meeting #3

- 1. Use <u>5 Questions</u> to reconnect.
- 2. Do a One Thing Study together.
- 3. Ask the Question: Who could *you* do this with? (Be one that makes one that makes one!)

#### Congratulations! You're done!

If you had such a good time meeting together that you'd like to continue, you are more than welcome!

One option would be to continue using these tools as a guide for your meetings:

- 1. Use <u>5 Questions</u> to reconnect.
- 2. Do a One Thing Study together.
- 3. Choose a <u>Bible App Plan</u> to do again together during the coming days (if you've already finished your other one.)

# **One Thing Study**

- Read a passage
- Pick One Thing (a word or phrase that stands out to you). Mark it (highlight it, underline it, etc.)
- Talk to God about it (and/or talk to each other about it)

## How Are You?

#### **How is your Being?**

How well are you living as the Beloved of God? What is the state of your soul? How are you and Jesus doing?

1 - My soul is overflowing 5 - I am dry

## **How is your Thinking?**

How aware are you of your internal narrative? How well are you taking your thoughts captive in obedience to Christ? How much is your mind at rest?

1 - I have focus 5 - I am distracted

## **How is your Feeling?**

How in tune are you to your heart? How aware are you of what you are feeling about yourself and others?

1 - I am aware and surrendering 5 - I am in the dark

## **How is your Doing?**

How aware are you of what you are doing and why you are doing it? How much are your actions moving you toward purpose? How much are your actions self-medicating to distract or dull yourself from reality?

1 - I am acting intentionally 5 - I am acting reactively

## 10 Questions

Take 10 minutes each to share your story using these questions as a guide. (Suggestion: set a timer!)

- 1. Tell me your story? (Where did you grow up? Your educational journey? Your work journey? Your spiritual journey?)
- 2. Tell me a story about your childhood?
- 3. What are the different places you've lived? Which was your favorite? Why? Least favorite? Why?
- 4. Who is a living person that you really look up to? Why?
- 5. Who is a historical person that you really look up to? Why?
- 6. What does your typical day look like?
- 7. What is the hardest thing you have had to deal with in your life?
- 8. What are a few of the greatest joys that you have experienced in life?
- 9. What do you enjoy doing in your free time?
- 10. What is a dream that you have for your future?

# **5 Questions**

- 1. What's new in your life since the last time we talked?
- 2. What is something that you are celebrating these days? What is something difficult/challenging these days?
- 3. What is One Thing God is teaching you through His Word recently?
- 4. How are you? (Suggestion: use the **How Are You?** guide to the left)
- 5. What is the most important thing I can pray for you?